

Skiff technique course

Ratzeburg - Germany

www.enjoyrowing.com



Would you like with your team or pool of rowers to come to Ratzeburg in Germany?
Send an email or just give a call!

Skiff scull technique course Ratzeburg (G)

- Technique improvement in smallest detail dependent of level of participant
- Video recordings from motor boat (4x)
- Extensive analysis and theory
- Coaching at individual level
- Tailor-made exercises
- Ideal location in beautiful nature
- No motorized boats and yachts
- Skiff/single scull and facilities rowing club
- 5 Days
- 8 sculling lessons of 1 to 1.30 hours
- Starts 1st day 15.30 - ends 5th day 12.00
- Minimum 6 participants, further to be discussed
- Languages: English German, Dutch, French

Carla Beekman
enjoyrowing@xs4all.nl
+31 20 618 6580
+31 6 20 613 026
www.enjoyrowing.com